



CCP

COLLEGIUM  
CHIRURGICUM  
PLASTICUM  
BELGIUM

**TEACHING DAY - SATURDAY, 21ST FEBRUARY 2026**  
**POST-BARIATRIC BODY CONTOURING:  
FROM TRUNK RECONSTRUCTION  
TO AESTHETIC BREAST SURGERY**

08.00	Registration
08.30	Welcome - Prof. J.L. Nizet
08.40	Principles of Post-Bariatric Body Contouring Surgery - Dr. B. Dezfoulian
09.00	Bariatric Surgery and Emerging Therapies in the Management of Obesity - Prof. F. Pattou (Lille)
09.45	Extended Lower Body Lift: When One Vector Is Not Enough - Dr. J.F. Pascal (Lyon)
10.20	Vertical Inner Thigh Lift: Redefining the Medial Thigh - Dr. J.F. Pascal (Lyon)
11.00	From Skin Excision to Functional Reconstruction: Redefining Abdominoplasty - Dr. B. Dezfoulian
11.40	The Ideal Mons Pubis: A Forgotten Key in Abdominal Aesthetics - Dr. J.F. Pascal (Lyon)
12.25	Lunch break
13.30	Breast Reduction: A Functional Reconstructive Procedure - Prof. M. Hamdi
14.05	The Science of Long-Lasting Mastopexy- Prof. M. Hamdi
14.25	Breast Implant-Associated Pathology: What Every Surgeon Should Know - Dr. C. Nizet
14.45	Fat Grafting Evolution: From Basic Science to Innovative Graft Processing - Dr. X. Nelissen
15.35	Hybrid Breast Augmentation: Combining Implants and Autologous Fat- Dr. X. Nelissen
15.50	Augmentation Mastopexy - Prof. M. Hamdi
16.20	Specific Considerations in Post-Bariatric Breast Surgery - Prof. M. Hamdi
16.40	Lipedema: A Common Yet Misunderstood Disease - Dr. B. Dezfoulian
17.00	Case discussion
17.45	Closing remarks & end of the Teaching Day

**Location:**

Amphithéâtre Stainier, CHU Sart Tilman  
Avenue de l'Hôpital 1  
4000 Liège