



ROYAL BELGIAN SOCIETY
FOR PLASTIC SURGERY

PROGRAMME PRECOURSE

FRIDAY 05.06.2026

- 08:00** Registration
- 09:00** **Overview about bodycontouring procedures:**
- 10 Commandments
 - My body lifts
 - Brachioplasties
 - Inner thigh lift
- J.F. Pascal - France
- 12:00** Lunch
- 12:45** **Ultrasound in breast surgery + hands on**
M. Jaeger - Sweden
- 15:15** Coffee break
- 15:45** **Safety & Learning curve in HD liposculpture**
Intra-op for male & female HD liposculptures
A. Saad - Spain
- 18:15** Adjourn



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PROGRAMME

RBSPS SPRING MEETING

SATURDAY 06.06.2026

08:30 Welcome - X. Nélissen & B. Dezfoulian

INVITED KEY NOTE LECTURES

08.45 Buttock surgeries - J.F. Pascal

09.45 From gender surgery to trans body contouring: the adventure of building the most comprehensive body contouring center in Canada - A. Laungani

10.30 Coffee break

FREE PAPERS

11.00 Retrospective multicentre review of mastopexy using the « Mushroom » self-augmentation flap technique - V. Van Boeckel, C. Nizet, J.L. Nizet, X. Nelissen

11.10 AI-Generated Consultation Summary Letters After Preoperative Plastic Surgery Consultations: A Single-Surgeon Observational Study - A. De Pessemier, A.K. Kapila, L. Potvlieghe, M. Hamdi

11.20 Optimising local anaesthesia techniques in wide awake skin and soft tissue surgery: a systematic review and meta-analysis - M. Maes, S. Colpaert

INVITED KEY NOTE LECTURE

11.30 Redefining Bariatric Surgery in the Age of Metabolic Medications: Evolution or Revolution? - F. Pattou

12.15 RBSPS-BSPRAS General Assembly

12.30 Lunch break

INVITED KEY NOTE LECTURES

- 14.00 **Ultrasound in plastic surgery** - M. Jaeger
- 14.45 **Inner Bra Mastopexy: 25 years of fighting gravity** - M. Hamdi

FREE PAPERS

- 15.15 **Male Perception of the Ideal Female Breast and Its Association With Sociodemographic and Behavioral Factors: A Cross-Sectional Study** - L. Perez-Nunez, J. Vanweser, G. Diluiso, V. Xiong, M. Schettino, V. Marron Mendes
- 15.25 **One, Two, Three... Cheese! Patient Perspective, Smartphone use, and Responsibilities for Clinical Pictures in Modern Medical Practice** - L. Van Look, V. Jacquemin, J.L. Nizet
- 15.35 **Spherical Segment Geometry of Round Breast Implants: The BLVC Method for N-IMF Positioning** - A. Van Goethem De Schryver, P. Paternotte, B. De Brucker

INVITED KEY NOTE LECTURE

- 15.45 **Modern day HD liposculpture - Correction of post-liposuction irregularities - Buttocks Sculpting: My approach** - A. Saad
- 16.30 **Coffee break**

INVITED KEY NOTE LECTURES

- 17.00 **Lipedema: Integrating Science, Diagnosis, Treatment and Care** - A. Torres
- 17.45 **Rethinking Abdominoplasty: A Hybrid Approach** - B. Dezfoulian
- 18.30 **Adjourn**